



Things successful people do to achieve their dreams

Everyone has dreams but not everyone possesses the power, knowledge and ability to make their dreams a reality.

- Bill Gates
- Oprah Winfrey
- Steve Jobs

"We first make our habits, and then our habits make us."

These names all come to mind when we think of successful people.

And even though all three are great examples of success, there are lots of other people who are successful in their own right, although we may not be as familiar with their names.

Generally, successful people all do similar things. It is their behaviours and habits that set them apart from the ordinary folks who just work their 9-to-5 jobs, clocking in and out every day.

If you want to be one of the greats, if you want to be a big success in life and leave ordinary behind, do these things successful people do, and get ready for the big results that are sure to follow if you do them consistently.

They persist until they achieve them

Obstacles to success are normal and should be expected. They can't always be planned for. However, you can decide when you commit to your goals, you're going to persist no matter what obstacles arise. Go around them, go over them, or push through them, but persist no matter what happens.

They take responsibility

Successful people know that they are the masters of their own destiny. You don't hear them complain about the things that stopped them from success. You won't hear them make excuses. Instead, they push forward knowing that they are the only thing that will make or break their success.

They work hard

Have you ever met someone who is super-successful and lazy? Neither have I. The truth is that the road to success is paved with hard work. If you want to achieve great results, you'll need to wake up early, stay up late and put in your time. Success doesn't just come to those who want it. You've got to pay your dues.

They find people who are doing what they want, and emulate them

Here's an advice, "If you want to be wealthy, hang out with wealthy people. If you want to be funny, hang out with funny people. And if you want to be poor, hang out with poor people." The truth is that people naturally mimic the behaviors of those around them. Mindset is contagious. So if you want to be a big success in life, spend time with others who are already successful.

Don't know anyone successful? That's ok. You can read books written by them or about them. Listen to their radio interviews or watch them on TV. Attitude and success is contagious, so catch it by hanging around, some of the greats.

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Editorial

Dear Readers,

Wishing you a very happy & prosperous new year!

With the onset of a new year, we attempt to reinforce good habits for a meaningful living.

As we know, habits form the basis of your success or maybe downfall.

Hope you find this excerpt useful.

For any assistance in financial planning, insurance or retirement planning, please touch base with us on any of the following co-ordinates:

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They believe in themselves and their vision

If you want to achieve big results, you've got to believe in yourself. The world's most successful people have unshakeable confidence in themselves and in their vision. Without which, they'd have to give up too easily after a few obstacles got in their way.

How's your confidence? Do you believe you can achieve your dreams? I'll tell you something, in case nobody told you before: you can do whatever you want in life, you've just to first believe it, and then work like mad to get it.

They take care of themselves

When was the last time you saw a successful person who was obese or extremely overweight? Sure, these people exist, but they're the exception to the rule. Most successful people know they need energy to get ahead, and the best way to have that is to eat right, exercise and get proper rest. This brings us to our next point...

They rest and recharge

Hard work is a requirement for success, but you can only push yourself 24/7 for so long. Successful people work hard and then unplug so they can refresh their minds and bodies.

If you've been pushing it to the limit, think about unplugging for a long weekend or more. Once you get back to the grind, you'll be more effective at getting the results you want.

They constantly learn

Successful people believe that learning never ends. This doesn't mean they're going to school to get new degrees, although they may. Even without formal education, they're constantly reading and learning from others around them, perhaps from books, trade magazines or conferences, or from others who are ahead of where they want to be.

What have you learned recently that can get you closer to the success you want? If you haven't picked up a book, trade magazine or listened to CDs or MP3s that can get you smarter in your field, it's time to start.

They make mistakes and learn from them

Successful people aren't afraid to take risks. Because of their unshakeable confidence, they treat any mistake as a learning opportunity.

Think about the last mistake you made. Didn't make a sale? Re-evaluate your sales call and make it better next time. Screwed up a presentation? Read a book on how to present successfully so you can crush your next one. Failed in your last relationship? Call your ex and ask what you can do better, with your next partner. So go take some risks, don't be afraid of making mistakes, and if you stumble, learn from it so you can be better next time.

Know exactly how far you have left to go

Achieving any goal also requires honest and regular monitoring of your progress, if not by others, then by you yourself. If you don't know how well you are doing, you can't adjust your behaviour or your strategies accordingly. Check your progress frequently, weekly, or even daily, depending on the goal.

They don't put others before their family

Successful folks put family first. Work is important, but never as important as experiencing life with the people you love most.

They always don't get what they want

Let's face it: life doesn't always give you what you want. The difference between people who find success and those who don't is successful people are willing to make sacrifices for the greater good.

They don't go a day without giving thanks

Successful people make it a point to *write down the things they're thankful for* every day.

How many of them are you doing today? If not all, or most of them, it's time to upgrade your behaviours so you can get the success you deserve.

It's never too late to start over. If you weren't happy with yesterday, try something different today.

Don't stay stuck. Do better.

Article by Dan Cassidy

Take your children down the path to a brighter future

It is every parents dream to ensure
the best possible education for their children.

We believe in helping you
make that dream come true.

With the best possible plans and solutions to suit
your individual needs, your preparations
can now be much simpler and relaxed.

So go ahead,
and make the best investment you can
for your children – an investment in their future.

We want you to wake up happy

to smile more often
to spend less time worrying
to spend more time with your family
to take up a hobby
to indulge
to take more vacations
to celebrate
to sleep in peace at night

We want you to know that we are right behind you
Just when you need us

We want you to relax.

We will help you

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KidZone

Do Your Duties

Teach your little one as many duties as you can. Charity begins at home and you must start it at home too to see your kids growing into wonderful human beings. Donating clothes, understanding humans, telling the truth, improving grades, empowering the poor and serving the society are some duties that kids should be taught since a young age.

Do Your Duties

Write down a social skill - either a good manner or a good habit - with each of the letters in D-U-T-I-E-S.

D _____

U _____

T _____

I _____

E _____

S _____

S – Studying diligently

E – Engaging in extracurricular activities at school

I – Involving in social activities like charity

T – Talking politely

U – Understanding elders

D – Donating old toys and clothes

Suggested Answers:

Good Habits

Writing an essay on good habits is an essential activity in social skills that all kids must attempt. Please do not bind the kids' imagination and provide them with enough scope to explore other good habits that haven't been taught in the class. Encourage them to think freely, out of the text book and come up with interesting good habits that they think are desirable in their friends.

Good Habits

Write a short paragraph on good habits.

Important Numbers

Mumbai Police	100
Fire Stations	101
Ambulance (Accident)	102
Emergency Medical Service	108
Insurance and Investments 022-61396500	



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